Middle School Extracurricular Activities & Information

Ripon Middle School is happy to provide many opportunities for our students! The following extracurricular activities are offered:

<u>Fall</u>

- Cross Country (6th, 7th, 8th)
- Girls Volleyball (7th, 8th)

Winter - January/February

- Girls Basketball (7th, 8th)
- Wrestling (6th, 7th, 8th)

Winter - November/December

<u>Spring</u>

Track (7th, 8th)

- Forensics (6th, 7th, 8th)
- Boys Basketball (7th, 8th)
- Spirit Team (8th)

All student athletes need to complete three requirements before they are able to participate in these activities.

- 1. Fill out an Extracurricular Code
- 2. Pay the \$20.00 per sport athletic fee
- 3. Have a current/complete green physical form on file with the middle school office

Physical Information

Physicals are required every other year. If this is the students first year participating in athletics at RMS they are **required** to have their first physical performed by their primary physician.

NOTE: Physicals must be done, and <u>forms must be turned in</u>, prior to the first day of practice. If not, the student will **not be able to participate until it is turned in.

If you have any questions feel free to contact the school office.